

International Training in Psychotherapy

Program

Next Workshops:




2nd week:

Workshops 22-27 February 2018 Esfahan

Time	Titel / Content	Presenter
Thursday 22 February 14:00 – 18 h Friday 23 February 09:00 – 18 h Saturday 24 February 09:00 – 16 h	* Resource-oriented therapy: Developing and strengthening social skills, mindfulness and self- esteem*	Yasaman Soltani University of Frankfurt/Tehran 
Sunday 25 February 09:00 – 16 h Monday 26 February 09:00 – 16 h Tuesday 27 February 09:00 – 16 h	* Psychological Treatment of Depression*	Prof. Martin Hautzinger University of Tübingen 



3rd week

July 2018 Esfahan (15.7. – 21.7.2018) (**Date changed !!!, Alireza?**)

Time	Titel / Content	Presenter
Sunday 15 July, 9:00 h – 16 h	Project update/self-experience or alternatively: * From placebo mechanisms in medicine to expectation-focused psychotherapy *	Prof.Dr. Winfried Rief (Univ of Marburg) 
Monday 16 July, 9:00 – 16:00 h Tuesday 17 July, 9:00 – 16:00 h Wednesday 18 July, 9:00 – 16:00 h	* Exploration of Mental Disorders and Functional Behavioral Analysis * * Social Anxieties and their treatment * (2 days)	Prof. Dr. Thomas Fydrich (Humboldt University Berlin) 
Thursday 19 July, 9:00 – 18:00 h Friday 20 July, 9:00 – 18:00 h Saturday 21 July, 9:00 – 16:00 h	* Borderline Personality Disorder * (3 days)	Prof. Dr. Martin Bohus (M.D., CI Mannheim) 




4th week 23 – 26 October 2018 (5 days ?)

Place: Shiraz? (Prof. Hahlweg prefers Shiraz or Esfahan, but not Tehran)

Time	Titel / Content	Presenter
23 October 2018, 11:00-16:00 h 24 October 2018, 9:00-16:00 h 25 October 2018, 9:00-16:00 h	* Treatment with Couples and Families *	Prof.Dr. Kurt Hahlweg (Techn. Univ. Braunschweig) 
26 October 2018, 9:00-18:00 h 27 October 2018, 9:00-18:00 h	* Treatment of alcohol and drug addiction *	Dr. Ahmad Khatib Salus Hospital Friedberg, GER 
	Shall we add 1-2 days of self-experience?	

5th week: 20 – 26 Februar 2019

Place: ????

Time	Titel / Content	Presenter
Wednesday 20 February 11:00 h - 16:00 h Thursday 21 February 9:00 – 18:00 h Friday 22 February 9:00 – 18:00 h	* Treatment of Traumatization and PTSD *	Prof.Dr. Christine Knaevelsrud Free Univ. Berlin, GER 
Saturday 23 February 9:00 h - 16 h	* The psychology of suicidality * (or Oct 2018)	PD Dr. Tobias Teismann Univ of Bochum GER 
Sunday 24 February 9 - 16 h Monday 25 February 9-16 h Tuesday 26 February 9 -16 h	* Can patients with psychosis benefit from psychotherapy? *	Prof.Dr. Tania Lincoln (University of Hamburg GER) 

6th week: in Germany (maybe adjacent to Alireza's congress)

15 – 20 July 2019

Place: Marburg, Germany

Time	Titel / Content	Presenter
3 days	Pain and somatoform disorders	Julia Glombiewski
3 days	3 rd wave therapies (ACT/MBCT/CBASP)	Gaby Bleichhardt a.o.
	1 day Self-experience?	

7th Week 9 – 15 October 2019:

Place: ???

Time	Titel / Content	Presenter

9 – 11 October 2019	The difficult patient: Dealing with personality disorders and other interaction problems	Prof.Dr. Ulrich Schweiger MD, Univ Hospital Luebeck, GER
12 – 14 October 2019	OCD	PD Dr Benedikt Reuter , Humboldt Univ Berlin

8th Week 13 – 19 February 2020

Place:

Time	Titel / Content	Presenter
2 days	Generalized Anxiety Disorder	Prof. Dr. Juergen Hoyer , Techn. Univ. of Dresden, GER
2 – 3 days	Advanced cognitive techniques	Dominik Ülsmann , Humboldt Univ. Berlin, GER
	Self Experience	

9th Week 13 – 19 July 2020

Rief: ???

Juergen Margraf ?

Place: ???



Time	Titel / Content	Presenter

Done:

1st Workshop Week 16-21 October 2017

Shiraz

Time	Titel / Content	Presenter
Monday 16 October 11:00 – 16 h Tuesday 17 October 09:00 – 16 h Wednesday 18 October 09:00 – 16 h Thursday 19 October 09:00 – 18 h	* Fundamentals of Psychotherapy * Introduction. Program overview. Presentation of supervisors in Germany (every participant will	Prof.Dr. Winfried RIEF and Dr. Marcel WILHELM University of Marburg, Germany

	<p>get a German supervisor for skype supervision). How to create a succesful group? (Group coherence). Basic therapeutic skills. How to establish a succesful therapist-patient-relationship? Exploring cognitions, emotions, behavior, interaction patterns, and creating a problem analysis/behavior analysis model. Classification & treatment planning. Training communication skills and social competence. Concepts of psychotherapy research. What to practice until we meet next time?</p>	
<p>Friday 20 October 09:00 – 18 h Saturday 21 October 09:00 – 16 h</p>	<p>*Treatment of panic disorder and phobias*</p>	<p>Prof. Juergen MARGRAF University of Bochum, Germany</p> 

Further potential trainers:

- Personality Disorders: Dr. phil. Peter Schlebusch; Ortho-Klinik Dortmund
- Skills Training (with a special emphasis on emotionally instable personality disorders)
Yasaman Soltani, Uni Frankfurt/Tehran
- Prof. Hanna Christiansen: ADHS
- Dominik Ülsmann: Cognitive techniques
- GAD
- Stiegelmayr (Berlin): Borderline
- Dr Rainer Sonntag: ACT Raisonn@aol.com
- Dr. Gaby Bleichhardt: SFD & Pain? Hypochondriasis?
- Prof. Margraf: Extension of his first workshop?